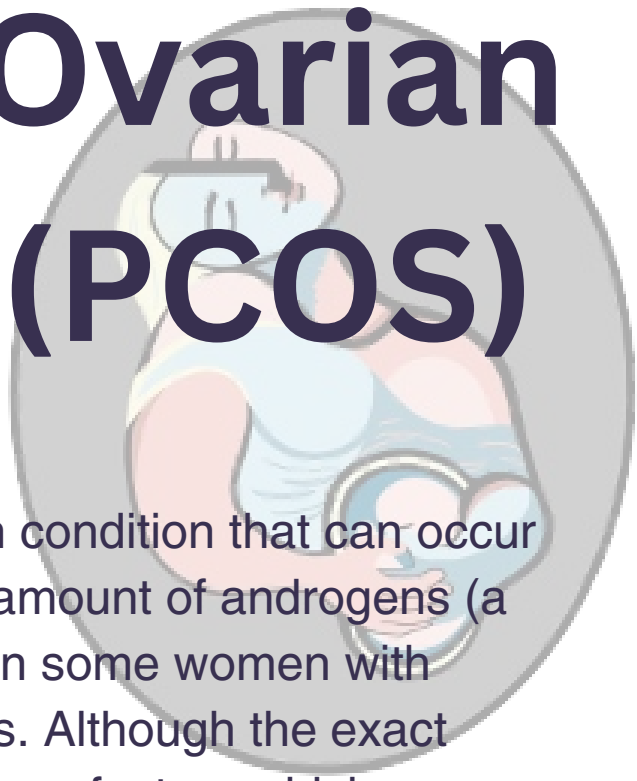


Polycystic Ovarian Syndrome (PCOS)



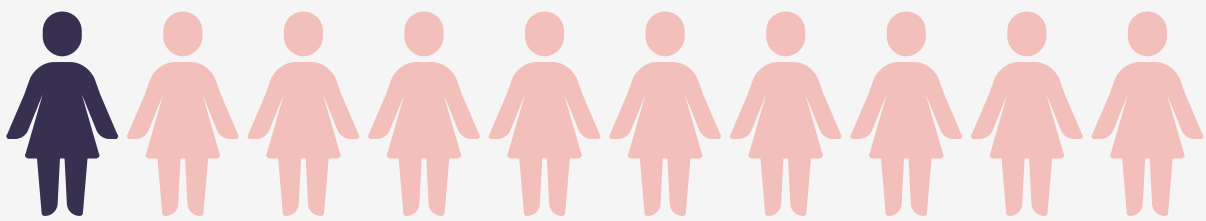
WHAT IS PCOS?

Polycystic Ovarian Syndrome is a health condition that can occur when the ovaries produce an abnormal amount of androgens (a male sex hormone). Cysts can develop in some women with PCOS and these cysts release androgens. Although the exact cause for PCOS is not clear there are some factors which may play a role in the development of these cysts. These factors include; genetics, insulin resistance, low grade chronic inflammation, and excess androgen hormone in the body.

HOW IS IT DIAGNOSED?

There is no one test to diagnose for PCOS, symptoms can be a good indicator but your physician will most likely do a pelvic exam to examine any masses or growths. A blood test may be done to determine any abnormalities in hormone levels, as well as an ultrasound to check the ovaries.

TODAY, 1 IN 10 WOMEN OF REPRODUCTIVE AGE ARE DIAGNOSED WITH PCOS



TREATMENT OPTIONS

Treatment and management of PCOS can differ between individuals. All options can be discussed with your health care provider to determine the right course of action for you. Some common management for PCOS includes; lifestyle changes, hormonal birth control pill, progestin therapy and more.

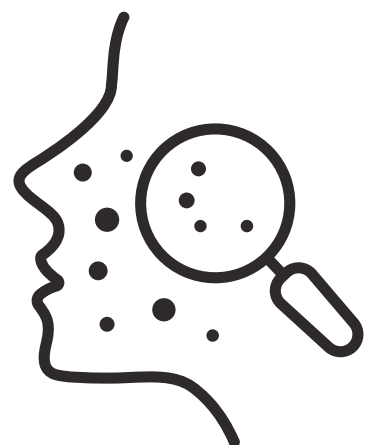
POSSIBLE SYMPTOMS



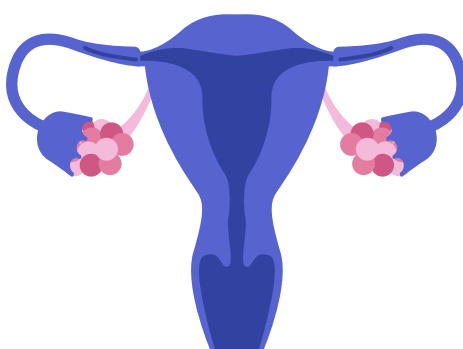
IRREGULAR PERIODS



IRREGULAR HAIR GROWTH



SEVERE ACNE



POLYCYSTIC OVARIES