



Milton Centre for Women's Health

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Post Gynecology: Dilatation and Curettage

1. There are no stitches to be removed.
2. You may bathe or shower the day after surgery.
3. You may have some bleeding. It is anticipated that the bleeding should be no heavier than a normal period. If the bleeding becomes heavy, is associated with the passage of bright red clots and if you need to change a maxi pad every one to two hours, please proceed to your local emergency department.
4. You may experience cramping similar to menstrual cramps. You may use plain or extra strength Tylenol or Ibuprofen (Motrin/Advil).
5. You may have intercourse after the vaginal discharge has stopped.
6. You may return to work within 1-2 days.
7. Contact your physician by phone or email when you return home for your follow up appointment (usually within 2-4 wks from the date of your surgery).